

Please support our "Neighborly" FOOD DRIVE



All donations given to **Arlington Food Assistance Center**



■ Are you willing to distribute empty grocery bags to your neighbors for food donations to go to AFAC?

Bags with instructions attached will be available at Bethel beginning May 24. Please collect bags *before Sunday, June 7* when we will bless all donations at our 10 am worship service with special guest AFAC Executive Director Charlie Meng. (Instructions on the bag will also invite neighbors to bring their food donations to this service, if they wish.)

Please join us in this worthwhile community project!

ITEMS MOST NEEDED

- Low-sugar cereal
- Low-sodium canned tomato products
- Low-sodium canned tuna
- Low-sodium canned beans
- No glass please!

For over 25 years, the **Arlington Food Assistance Center** has been distributing groceries, directly and free of charge, to people living in Arlington who cannot afford to purchase enough food to meet their basic needs.

While hunger might not seem to be an issue in a wealthy county like ours, the high cost of living here combined with the current economic situation mean that many families struggle to make ends meet. Groceries from AFAC help families remain in their homes, workers stay on the job, children able to learn better, and mothers and babies have the nutrition they need.

AFAC currently distributes groceries to nearly 2,200 families every week. *More than one in every three people served are children.*

Families need a referral to receive food from AFAC to ensure that clients are legitimate, and that all of their needs are being assessed and addressed. Referrals must come from an Arlington County government agency or local churches, schools, or social service agencies.